



CatholicCare Canberra & Goulburn

DUTY STATEMENT

CatholicCare ACCESS - COUNSELLOR

Reports to: Director – CatholicCare ACCESS
Award: Centacare Collective Agreement
Status: Casual/Sessional worker
Location: ACT & NSW

AUTHORITIES

1. Liaise with other services in the community as appropriate.

RESPONSIBILITIES

1. Provide psychological services to individuals experiencing mental distress referred via the Better Access to Mental Health Initiative.
2. Provide counselling and therapeutic intervention to individuals within a Cognitive Behaviour Therapy Framework.
3. Liaise with GP's regarding Mental Health Treatment Plan's and referral protocols.
4. Provide letters and feedback to GP's in line with Medicare requirements.
5. Maintain client files, records and statistics as required.
6. Attend and participate in team meetings, clinical supervision, training, etc, as required.
7. Adhere to CatholicCare Staff Code of Conduct
8. Other duties as required.



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SELECTION CRITERIA

CatholicCare ACCESS: COUNSELLOR

ESSENTIAL

1. Registration as a Psychologist in the ACT and/or NSW, or as an approved Mental Health Social Worker.
2. Experience in providing therapeutic counselling to individuals on a sessional basis.
3. Sound knowledge of theoretical approaches and a willingness to work within a Cognitive Behavioural Framework
4. Understanding of the particular issues facing individuals referred in through the Better Access to Mental Health Initiative – in particular Depression, Anxiety and Comorbidity.
5. Well-developed oral and written communication skills.
6. Ability to work independently and as part of a small team

DESIRABLE

1. Ability to give & receive feedback within a constructive framework.
 2. Computer literacy skills, including a working knowledge of Microsoft applications.
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