

Who is CatholicCare?

CatholicCare, formerly known as Centacare, is the welfare arm of the Roman Catholic Church and has operated within the Archdiocese of Canberra & Goulburn for more than 50 years.

During this time CatholicCare has grown from the beginnings of a small volunteering organisation to the large multidisciplinary welfare agency it is today. CatholicCare operates with a simple and clear premise – to help people.

This aim has not changed over the years.

Helping people involves valuing, strengthening, assisting, supporting and caring for people who are less advantaged in our community.

Do I have to be Catholic to use this service?

The answer is NO. CatholicCare provides services to all members of our community. We ensure equitable access to all individuals using our services.

Privacy and Confidentiality

CatholicCare is committed to providing high quality services with respect to confidentiality, accessibility and equity to persons in the community. With this quality in mind we have also attained Quality Management System accreditation to ISO 9001:2008.



(Formerly known as Centacare)
Issue 180310



Rural Counselling

Boorowa

Please contact Rachael
0418 101 082

Cooma & Goulburn

Please contact Merridee
0448 838 970

Bega

Please contact Emily
02 6492 4203

Young

Please contact Jenny
0457 795 812

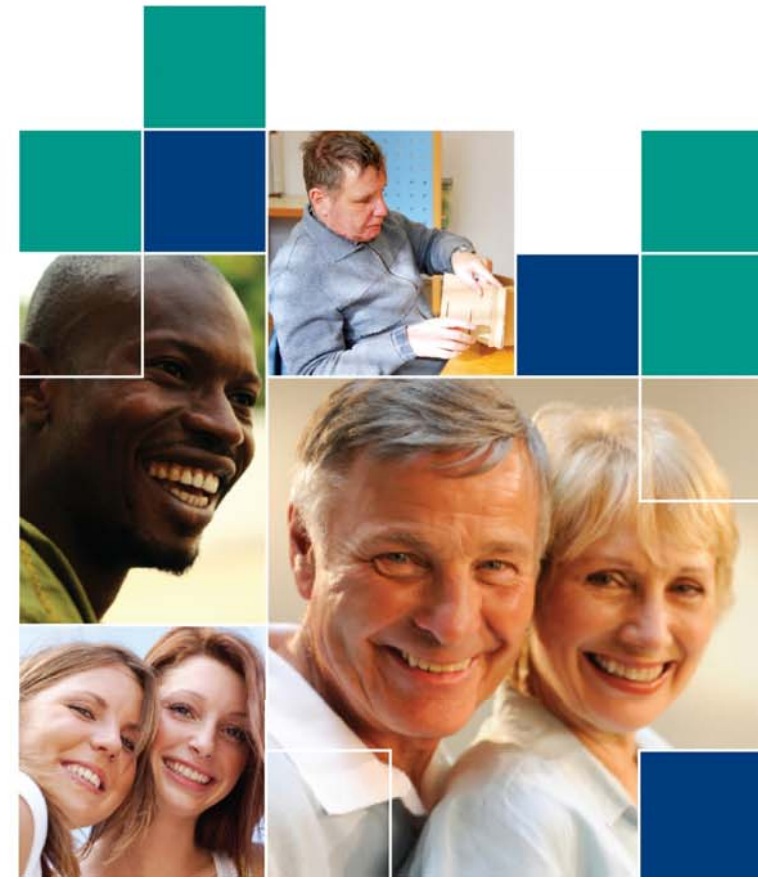
www.info@catholiccare.cg.org.au
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Housing, Community Services & Indigenous
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Rural Counselling



What support is offered?

The aim of the service is to support individuals, children and families as they deal with the effects from long term drought. This service assists to reduce stress and reduce the possibility of relationship break down during this crisis period. We also offer assistance with self-help measures.

Who is eligible?

CatholicCare Rural Counselling provides assistance to men, women children and families live in drought affected areas. The service is available in the following areas

- Southern Tablelands
- Lower South Coast
- Young
- Boorowa

How does the Counsellor Help?

Our counsellors help by

- Listening carefully to what is troubling you
- Assisting you to explore options
- Discuss individual problems which have an impact on your family
- Consultation and appropriate referrals

All counsellors are professionals and are trained to

- Respect confidentiality
- Listen Actively
- Be sensitive to your issues
- Be non-judgemental
- Be sensitive to individual cultural differences
- Respect you and your families values

What to expect

- All counselling is confidential
- Counselling is conducted in a discreet location
- Sessions last about an hour
- The service is provided for the whole community and meets standards with respect to access and equity
- We see individuals, couples, children and families.

Interpreting services available through the Translating & Interpretation Service. Your counsellor can arrange an interpreter on request prior to your appointment.

All clients have the right to make a comment about the service they receive.

All clients are provided opportunities to give feedback to assist us to continuously improve our service.

