

Who is CatholicCare?

CatholicCare, formerly known as Centacare, is the welfare arm of the Roman Catholic Church and has operated within the Archdiocese of Canberra & Goulburn for more than 50 years.

During this time CatholicCare has grown from the beginnings of a small volunteering organisation to the large multidisciplinary welfare agency it is today. CatholicCare operates with a simple and clear premise – to help people.

This aim has not changed over the years.

Helping people involves valuing, strengthening, assisting, supporting and caring for people who are less advantaged in our community.

Do I have to be Catholic to use this service?

The answer is NO. CatholicCare provides services to all members of our community. We ensure equitable access to all individuals using our services.

Privacy and Confidentiality

CatholicCare is committed to providing high quality services with respect to confidentiality, accessibility and equity to persons in the community. With this quality in mind we have also attained Quality Management System accreditation to ISO 9001:2008.



(Formerly known as Centacare)
Issue 180310



CatholicCare
Canberra & Goulburn

6163 3711

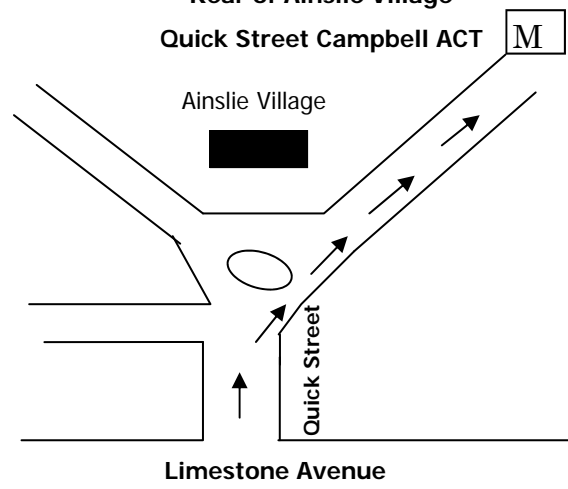
0406 377 623

Sobering up Shelter

Ground Floor 'M' Block

Rear of Ainslie Village

Quick Street Campbell ACT



Open 11.00pm-11.00am

Thursday, Friday & Saturday Nights

Last Admission 6.00am

Ph: 6163 3711

Mobile: 0406 377 623

soberingupshelter@catholiccare.cg.org.au

Business Hours

Sobering Up Shelter Manager

Mon-Fri 9.00am –5.00pm

Ph: 6163 7600

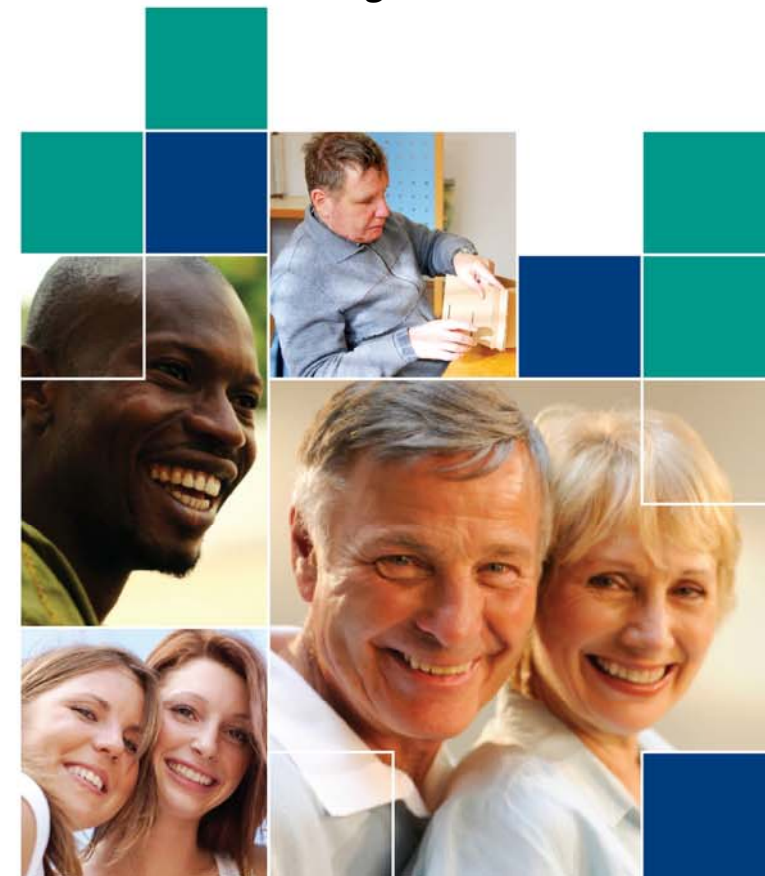
Mobile: 0406 377 623



CatholicCare
Canberra & Goulburn

Sobering Up Shelter

An overnight facility for men and women to recover from alcohol and/or drug intoxication



What is the Sobering Up Shelter?

The Sobering Up Shelter is a custom built facility that provides:

- A safe place for intoxicated persons
- An alternative to police custody for the care and protection of intoxicated persons
- Overnight support for persons recovering from alcohol and/or other drugs intoxication
- Trained and professional Alcohol and Other Drugs Workers
- Separate male and female rooms
- Close observation and monitoring throughout the night
- Safe storage of personal possessions during the night
- Access to toilet and shower facilities
- A light breakfast
- Disabled Access

Telephone Information

Alternatively, people seeking information and assistance concerning alcohol and/or other drugs may telephone the shelter on Thursday, Friday and Saturday nights between the hours of 11.00pm and 11.00 am



Eligibility Information

- For men and women under the influence of alcohol and/or other drugs
- 18 years of age or over
- Willing to enter the Sobering Up Shelter voluntarily



The CatholicCare Sobering Up Shelter is funded by ACT Health and operates as a licensed place in accordance with the ACT Intoxicated Persons (Care and Protection) Act 2004

Referrals

We accept referrals from the general community, health and welfare (services) and the Police.

We provide

Information and support on alcohol and other drug related issues such as:

- The effects of drugs and alcohol on physical and mental health
- The impact drugs and alcohol may have on relationships, work or study
- Ways to reduce problematic drinking
- Harm minimisation strategies for the use of alcohol and other drugs

We offer referrals to agencies such as:

- Detoxification & Withdrawal services
- Drug and alcohol rehabilitation programs
- Drug and alcohol support services
- Supported accommodation services
- Mental Health support service