

## Who is CatholicCare?

CatholicCare, formerly known as Centacare, is the welfare arm of the Roman Catholic Church and has operated within the Archdiocese of Canberra & Goulburn for more than 50 years.

During this time CatholicCare has grown from the beginnings of a small volunteering organisation to the large multidisciplinary welfare agency it is today. CatholicCare operates with a simple and clear premise – to help people.

This aim has not changed over the years.

Helping people involves valuing, strengthening, assisting, supporting and caring for people who are less advantaged in our community.

## Do I need to be Catholic to use CatholicCare Services?

The answer is NO. CatholicCare provides services to all members of our community. We ensure equitable access to all individuals using our services.

## Privacy & Confidentiality

CatholicCare is committed to providing high quality services with respect to confidentiality, accessibility and equity to persons in the community. With this quality in mind we have also attained Quality Management System accreditation to ISO 9001:2008.

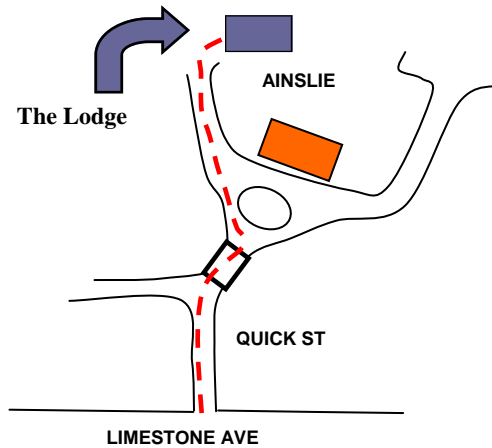


(Formerly known as Centacare)  
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## CatholicCare Canberra & Goulburn

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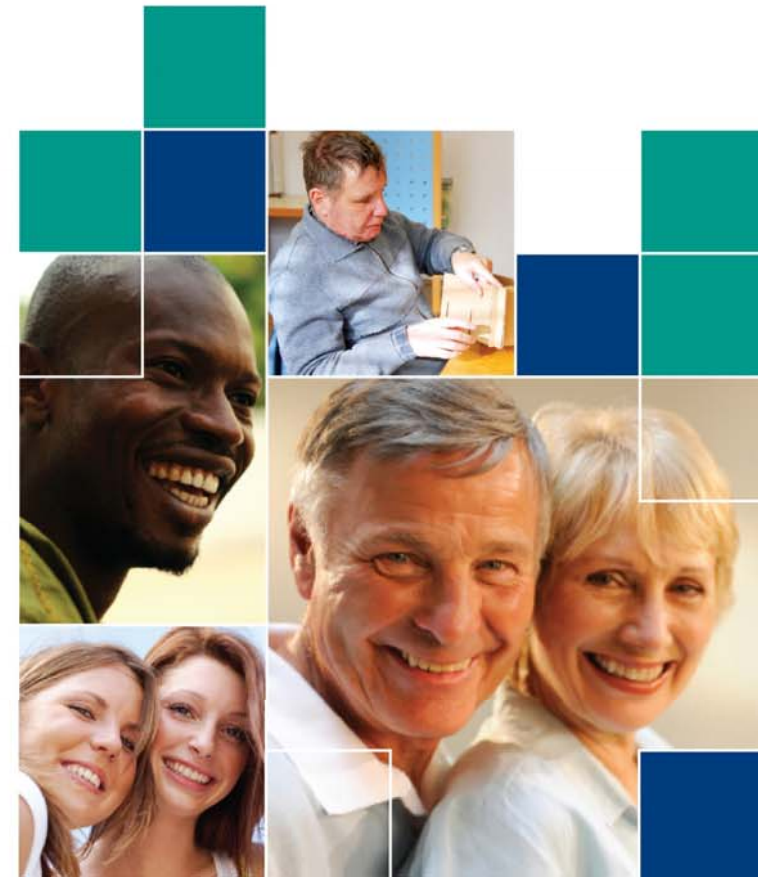


## The Lodge Program

Medium to Long Term Accommodation

## Lodge Respite Program

Short Term Accommodation



## What is the Lodge Program?

The Lodge Program is funded by the ACT Department of Health and is delivered by CatholicCare. The program is designed for men who have a mental illness, with or without alcohol & drug issues. It is based in the grounds of Ainslie Village with the capacity to accommodate up to 15 residents medium to long term.

The Lodge Program operates in accordance with the Mental Health Standards and works in collaboration with ACT Mental Health Services. The program staff utilise a case management model and recovery orientated approach. The Lodge staff support residents in various ways including:

- Assistance with the development of life skills such as budgeting, health, nutrition, cleaning and personal care
- Encouragement and assistance to participate in both social and recreational activities
- Support to maintain contact with family, friends and significant others
- Assistance to develop links with Health, Welfare and other services
- Assistance in obtaining suitable housing
- Assistance with advocacy and information services
- Assistance with medication management

**The Lodge Program long term residents pay a fee for their accommodation, utilities and meals provided by the program.**



## Eligibility criteria

**To be eligible to apply for the program a person will:**

- Have experience of Mental illness and are with or without alcohol & drug issues
- Be over 18 years old
- Reside in the ACT
- Be willing to work in partnership with the Lodge staff
- Be determined to refrain from being under the influence of alcohol or drugs while staying at the Lodge

We accept referrals from General Practitioners, Psychiatrists, Mental Health Clinical Workers, Psychologists, families or friends as well as self referrals.

## What is The Lodge Respite Program?

The CatholicCare Lodge Respite Program supports males over the age of 18 years who have a mental illness, with or without drug & alcohol issues. This program has the capacity to provide accommodation for up to 4 men and the residents can stay for up to 8 weeks.

The Lodge Respite Program aims to target people who need a safe environment in order to stabilise their mental health prior to going back to their permanent accommodation. The Lodge Respite Program residents do not pay for their accommodation. Utilities and meals are provided by the program for the length of their stay.

## Eligibility criteria

To be eligible to apply for the program a person will:

- Be affected by mental illness and be with or without alcohol & drug issues.
- Be over 18 years old
- Have permanent accommodation in the ACT
- Be in need of a safe environment in order to stabilise mental well being

Referrals accepted from Psychiatric Unit, Step Up Step Down Program and Mental Health Services.

